

Black Bean and Corn Mix

Serves 4- 6 people

Ingredients:

2 cups sweet corn kernels
1 can black beans drained and rinsed
2 roma tomatoes diced
1 red bell pepper diced
1 green bell pepper diced
½ yellow onion diced
¼ cup vegetable stock
2 Tbsp chili powder
1 Tbsp garlic powder
1 tsp cumin
1 Tbsp paprika
Salt and pepper to taste



Directions:

Combine all ingredients into a medium sauté pan and cook on med heat until vegetables are tender.