

BLACK BEAN, MANGO AND QUINOA SALAD

Ingredients:

(1) 8-10 oz Bag of Mixed Greens (Spinach or Romaine would work well)

½ Cup- Black Beans (Canned, Rinsed)

¼ Cup – Red Onions, Finely Diced

1 Cup- Red Quinoa (Cooked)

½ Cup- Mango, Fresh/Diced

2 Tablespoons- Cilantro, Fresh/Chopped

Juice of One Lemon (More if desired)

*Combine all ingredients in a stainless-steel mixing bowl, toss salad ingredients with the lemon juice.

**Serves 6-8*