

# Chocolate Mug Cake

Single serve cake cooked in microwave

## Ingredients:

2 Tbsp rounded gluten free 1 to 1 Flour  
2 Tbsp level Coco powder  
¼ tsp Baking powder  
1/8 tsp salt  
2 Tbsp maple syrup  
1 Tbsp apple sauce  
2.5 Tbsp plant-based milk  
½ tsp vanilla extract  
1 heaping Tbsp of Non-dairy chocolate chips

## Directions:

Find a large coffee mug, Add dry ingredients to your mug mix together. Next add wet ingredients and mix thoroughly. Add chips and place in microwave for 1.5 minutes, cooking times may vary just keep checking for the consistency that you would like.

