

Chocolate Pudding

Ingredients:

1 large ripe avocado
¼ cup unsweetened cocoa powder
¼ cup unsweetened almond milk
¼ cup pure maple syrup
1 tsp vanilla
Pinch of salt

Directions:

- In a food processor, blend all ingredients until smooth. Stop occasionally to scrape the bottom sides of the food processor until all of the little chunks of avocado are gone.
- Transfer to a bowl and store in refrigerator until ready to serve.
- Top with raspberries or strawberries, if desired.

