

Shredded Kale and Romaine Lettuce

Feel free to use any greens you like in these bowls.

Some examples besides kale and romaine are: bok choy, collard greens, swiss chard, napa cabbage, beet greens, mustard greens, turnip greens, broccoli greens, cauliflower greens, arugula, asparagus, brussels sprouts, cilantro, parsley, spinach, green beans